



## **FACT SHEET**

<b>Company</b>	Pura Vida Adventures
<b>Description</b>	Located on the scenic coast of Costa Rica, Pura Vida Adventures aims to provide an empowering, active retreat for today's modern women. The revitalizing seven-day, six-night adventure combines surfing, yoga and rich cultural experiences, along with the expansive rainforest and stunning beachfront locale, for a rich and fulfilling retreat that might just transform your outlook on life.
<b>Package Includes</b>	Seven Days, Six Nights Daily Surf Instruction (Beginner, Intermediate, Advanced) Daily Relaxing Yoga Classes Private Beachfront Villa and Bungalows at the Deluxe Hotel Tropico Latino One-Hour Beachfront Massage (with a full menu of spa amenities available) All Your Meals (delectably fresh and inventive cuisine served at both the hotel's open air "Play Boa" and the select local restaurants) Surf Board Quiver (choose from over 30 top-quality boards) Tropicana Salsa Night Local Cultural Activities (Seasonal)
<b>Atmosphere</b>	The literal translation of Pura Vida is "pure life." Bringing this unique perspective to its women's surf and yoga camp, Pura Vida Adventures offers an all-inclusive active escape for women who seek a life-altering travel experience. In a world filled with obligation and responsibility, a Pura Vida Adventure highlights the true essence of travel – experiencing exhilarating activities, forming new friendships, enjoying pristine and tranquil landscapes, indulging in local culture and ultimately, enriching the lives of women.
<b>When to Go:</b>	Pura Vida Adventures hosts week-long camps from November through August
<b>Founder</b>	Tierza Davis
<b>Founded</b>	2003

**Location** Malpais, Costa Rica

**Website** [www.puravidaadventures.com](http://www.puravidaadventures.com)

**U.S. Contact** Pura Vida Adventures  
9186 Sebastiani Way  
Sacramento, CA 95829  
(415) 465-2162  
[info@puravidaadventures.com](mailto:info@puravidaadventures.com)

**Media Contact** Moderne Press  
Jamie Werner  
(760) 809-3487  
[jamie@modernepr.com](mailto:jamie@modernepr.com)

Connie Wong  
(858) 232-6299  
[connie@modernepr.com](mailto:connie@modernepr.com)